

T. A. Barron's Adventure for Young Readers

# TREE GIRL

## Chapter 15 — Questions and Activities

### Language Arts: Inspirational Stories

Anna had a large obstacle to overcome in order to achieve her goal of getting to the High Willow. Stories about people who have gone through struggles and achieved some sort of success or happiness are called *inspirational stories*. They make us feel good and give us hope when we are facing our own tough times. Write or tell your own story of a time you struggled, worked hard, and achieved your goal.

Bonus: If you'd like to be inspired, check out these inspirational kids:

- 🌱 <https://inspiringyoungheroes.org/>
- 🌱 <https://www.rd.com/true-stories/inspiring/most-inspiring-stories-kids/>

### Science: Poisonous Plants

If you like to spend time in nature, like Anna, it's good to know which plants are poisonous and which are not. Do you know why some plants are poisonous? It's a way to keep them safe from prey. Unlike animals and humans, plants cannot run and hide. Instead, they have different types of defense. Some have thorns, some prickles, and some are poisonous. Here are some resources to learn about poisonous plants:

- 🌱 Printable Poison Plant Brochure: <https://www.fws.gov/uploadedFiles/poisonplantbrochure.pdf>
- 🌱 Science for Kids: Poisonous Plants: <https://www.scienceforkidsclub.com/poisonous-plants.html>
- 🌱 How Poison Ivy Works: <https://www.youtube.com/watch?v=8artgA0ODgw>
- 🌱 Kid's Guide to Poisonous Plants: <https://www.petals.com/kids-guide-to-poisonous-plants>
- 🌱 Printable Poisonous Plants Travel Guide: <http://suzyhomeschooler.com/poisonous-plants-travel-guide/>

**Mini-Book:** In this chapter, there was mention of a Hemlock tree. Read about the Hemlock and add a page to your mini-book:

- 🌱 Hemlock Facts: [https://www.softschools.com/facts/plants/hemlock\\_facts/1100/](https://www.softschools.com/facts/plants/hemlock_facts/1100/)
- 🌱 How to Draw a Hemlock: Tree: <https://www.wedrawanimals.com/how-to-draw-a-hemlock-tree/>



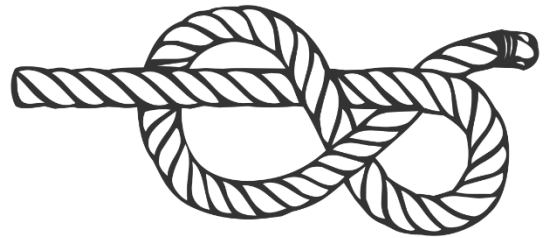
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## Life Skills: Knot Tying

After Master Mellwyn found Anna, he bound her hands using a fisherman's knot. While we hope you never need to tie someone's hands together, knowing how to tie different kinds of knots can be very helpful because different knots are used in different situations. This guide from Scouting Magazine shows you how to tie ten different knots and when to use them:

<https://scoutingmagazine.org/2017/04/tie-essential-scouting-knots/>.



## Physical Fitness: Muscle Stretches

Anna woke up very sore after a night of dancing. She may not have been so sore if she had done some warm up and cool down stretches.

When we stretch before we do physical activity, it helps our muscles prepare and get ready to be worked. After exercise, stretching helps our muscles return to their normal state. This video will show you some easy stretches you can do to warm up or cool down your muscles:

<https://www.youtube.com/watch?v=AB1Go5Kpp9k>

