

50 WAYS TO CREATE SPARKS OF GOODNESS

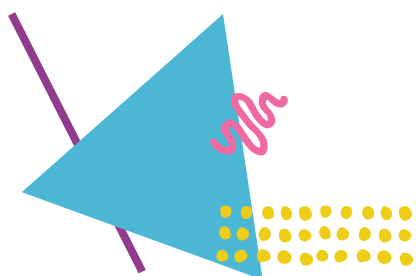
Help your family remember to do good for other kids and families, the environment or animals, or in your community using this list of ideas. These sparks were provided by T. A. Barron community members - visit SparkGoodness.com to learn more!

▶ HELPING ANIMALS AND THE ENVIRONMENT

- ▣ Research an endangered animal and share what you learn with friends. (Laurie G.)
- ▣ Grow your own small veggies or herbs in a garden or container. Share your harvest with others! (Themis G.)
- ▣ Help animals by volunteering at an animal clinic or shelter. (Laurie G.)
- ▣ Help a neighbor or friend look for a lost pet. (Keagan M.)
- ▣ Volunteer with a conservation or environmental cleanup effort in your community. (Grason H.)
- ▣ Foster a pet from a no-kill shelter until they find their "forever" home. (Gaia G.)
- ▣ During harsh weather, leave food or water out for neighborhood pets. (Angelica C.)
- ▣ Out for a walk? Tuck a bag into your pocket and pick up trash you spot along the way. (Owen S.)
- ▣ Gather friends and family and spend an afternoon picking up trash in a local park, trail, or walkway. (Grason H.)
- ▣ Show kindness! Instead of killing a bug or pest, release it outdoors. (Amethyst S.)
- ▣ Remember to bring reusable bags to the store the next time your family shops. (T. A. Barron)
- ▣ Plant a tree, shrub, or some flowers in your yard or garden. (T. A. Barron)

▶ HELPING OTHER KIDS AND FAMILIES

- Send a handmade card to a friend/family member who doesn't live nearby. (Olivia G.)
- Help a friend or family member who is facing physical challenges with his or her daily tasks. (Shirley H.)
- Give a friend a reason to smile by telling them how much their friendship means to you. (Ashley T.)
- Entertain a baby or young child while his or her parent does chores around the house. (Tevin J.)
- Help a younger child who is learning to skate or ride a bike. (Grason H.)
- Teach a friend or relative how to play a new game, or learn a new craft. (Casey W.)
- Read a story to a child younger than you. (Jacqueline M.)
- Volunteer your time to read to younger children at a local library. (Eva G.)
- Bring some candies or sweet treats to share with your whole class or activity group. (Bonnie W.)
- Make small craft gifts to share with those you love. (Linda B.)
- Put aside a few dollars a month to sponsor a hungry child. (Liesa H.)
- Introduce your favorite childhood story to a young reader. (Elizabeth F.)
- Give new parents a break by bringing them a home-cooked meal. (Kelly N.)
- Help raise money for children in poverty. (Erik R.)



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▶ HELPING PEOPLE IN MY COMMUNITY

- ▶ Donate gently-used clothes or blankets to a local cold-weather shelter. (Annaliese H.)
- ▶ Offer to help an elderly neighbor with a task. (Michelle M.)
- ▶ Are you an expert at a hobby? Volunteer to teach an instructional class at your local library! (Jason O.)
- ▶ Bake something and deliver it to a neighbor. (Lauren S.)
- ▶ Volunteer at a school dance, fundraiser, or spirit event. (Jacqueline M.)
- ▶ Offer to care for a neighbor's pets while they are on vacation. (Mandolin O.)
- ▶ Have a yard sale and donate the profits to your favorite charity. (Natalie T.)
- ▶ Say a special thank you to a doctor or nurse who showed you extraordinary care. (Linda B.)
- ▶ Offer to help a neighbor with yard work or household chores. (Casey W.)
- ▶ If you know an older person with yard chores, offer to help shovel, rake, or mow! (Charley H.)
- ▶ Volunteer to help deliver hot meals to local seniors or healthcare patients. (Josh B.)
- ▶ Collect donations for needy families in your community. (Maureen A.)
- ▶ Gather your used books and donate them to a local library or charity. (T. A. Barron)

▶ RANDOM SPARKS OF GOODNESS

- ◎ Give a long-distance "hug" by sending a friend a card or unexpected gift. (Karen A.)
- ◎ Go out of your way to say "thank you" to someone who showed you kindness or a friendly face. (Jacqueline M.)
- ◎ Offer to help someone at the supermarket who is struggling to carry their bags. (Paul T.)
- ◎ Take time to give directions to a tourist or someone new to your city. (Aaron E.)
- ◎ Surprise a neighbor by sweeping their driveway or raking their yard. (Casey W.)
- ◎ Give a child a few "make a wish" pennies next time you see a public fountain. (Lindsey J.)
- ◎ Compliment someone on their drawing or artwork. (Elaine W.)
- ◎ Treat a stranger! Leave a few coins on or near a vending machine. (Bill B.)
- ◎ Surprise a friend with an anonymous gift, just to see the smile on their face, then keep the secret! (Tracey F.)
- ◎ Show sportsmanship during team events by congratulating a player from another team for their efforts. (Cori J.)
- ◎ Open a lemonade stand on a hot day - and give out the lemonade for free! (T. A. Barron)

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