"Be the Author of Your Life" Graduation Speech by T. A. Barron

- —It's an honor to be here. Great day! Great school. And...great class!
- —I am proud of you—humbled by you.
- —Now, usually—Writing keeps me humble. (Almost as much as being around my kids.)
 - "Still alive" letter
 - "Not very smart after all" letter
- —Then: Describe *Heartlight*, and letter from N.C. woman: "Thank you for giving me the right word"
- —When you choose the right words you get <u>spontaneous combustion</u>, you generate <u>heat and light.</u>

But—Not always easy to choose the right words:

Example from Yogi Bera

And yet – the right words can do it all:

- Aldo Leopold: "The wind has gone with the geese. And so would I, were I the wind."
- Winston Churchill: "Never, never, never, never, never give up."
- —There are so many, many more: But I will give you just one more. The words of a brave 12-year-old girl—Anne Frank.

In the midst of horror of WWII; hiding like frightened animals; scrounging for food; fearful day and night of capture, torture, slavery, worse, she wrote: "I still believe...the world is a wonderful place."

- —Now, there is <u>bright light!</u> True <u>heroism. Not celebrity. A hero</u> finds strength, wisdom inside.
- —The right words can be like <u>a sudden clearing after a storm.</u> A shaft of light in the darkened forest. A spark—that leads to spontaneous flame.

- —So choose your words well! Say important things! And say them—with <u>passion</u>, wisdom, humility, and courage. Then your fire will <u>warm our hands</u>, and <u>light our way</u>.
- —And now ... I'll go a step further: <u>Say something not just with your words</u>, <u>but with your life</u>. Be the author of your own life. Through the choices we make, we write our stories. So make your story the best one you possibly can.
 - That means: Don't iust repeat the latest fad; or what you see in advertisements.
 - In fact: Don't just be a consumer ... Be a creator.
 - That way you are not <u>just a cork</u>, bobbing down the stream of life. Grab your own paddle—choose your own direction.
 - And: Above all—don't be a victim.
 - (I was just reading about)—Wilma Rudolph—stricken with polio as a young child. Doctors said: Never walk. 9th kid out of a family of 12. Very poor—mother worked hard; poverty. Born in the deep south, racism still the norm. She had every reason to call herself a victim. And yet: she pushed herself, sometimes to exhaustion, tried to walk—and finally, she did. One day she threw away the braces on her legs. But she didn 't stop there! She ran; faster—and began to win races. And in the 1960 Olympics—she won gold medal in the 100 meter dash: Wilma Rudolph, the kid with polio, had become the fastest woman in the world.

When asked afterward about how she did it, she answered simply: "My doctor told me I'd never walk again. My mama told me I would. ... I chose to believe Mama."

- And so: Be the author of your own life.
 And make your story something that matters!
 Change the quality of the day.
- —And: While you're at it, take some time to listen to those geese...For <u>despite</u> all its troubles, the world is still...a wonderful place.